

4-C Child & Adult Care Food Program (CACFP) Record Keeping Assignment FFY 23-24

DUE DATE: September 1, 2024

According to the Wisconsin Department of Public Instruction (DPI) and the U. S. Department of Agriculture (USDA), all participants in the Child and Adult Care Food Program must fulfill this annual Record Keeping training requirement. This annual training required by USDA DPI, has NO Continuing Education Hours and is specific to 4-C CACFP.

The training requirement includes these topics:

- 1. Serving meals which meet the CACFP meal patterns
- 2. Taking accurate meal counts
- 3. Submitting accurate meal claims
- 4. How the sponsor (4-C) will review the provider's monthly claims
- 5. The program's reimbursement system
- 6. Compliance with the program's recordkeeping requirements
- 7. Civil Rights requirements

Instructions for Completion:

- ✓ Read each of the seven annually required topics.
- ✓ Answers the questions on paper OR electronically.
 - On paper fill out the enclosed answer page and sign the completion statement and return to 4-C CACFP
 - MAIL 5 Odana Ct. Madison, WI 53719
 - FAX 608-271-5380
 - SCAN/EMAIL <u>foodprog@4-C.org</u>
 - Electronically click <u>HERE</u> to fill out your answers via a google form.
- ✓ Please make paper or electronic copies of everything you send in to 4-C and keep them on file with your 4-C CACFP records.
- ✓ A Certificate of Completion will be sent to you confirming your submission.

Failure to complete this assignment by the end of the Fiscal Year will result in Corrective Action and may lead to a declaration of "Serious Deficiency".







I. SERVING MEALS WHICH MEET THE CACFP MEAL PATTERN REQUIREMENTS

The Meal requirements are determined by the USDA (United States Department of Agriculture to meet the nutritional needs of infants and children. Meals and snacks must meet the USDA component and quantity requirements. In cases where children are unable to eat certain foods required by the CACFP Meal Patterns due to a disability, a Diet Statement (in accordance with CACFP's special dietary needs requirements) must be on file.

INFANT MEAL PATTERN: <u>https://dpi.wi.gov/sites/default/files/imce/community-nutrition/pdf/cacfp_infant_meal_pattern.pdf</u>

CHILD MEAL PATTERN: <u>https://dpi.wi.gov/sites/default/files/imce/community-nutrition/pdf/cacfp_child_meal_pattern.pdf</u>

MILK

- \approx Children 1 year of age must be served whole milk
- $\approx~$ Children 2-5 years of age must be served unflavored skim or 1% milk
- $\approx~$ Children 6-12 years of age must be served unflavored 1% or skim or may be served flavored skim milk.



Note: 2% milk is NOT allowed to be served to any age group with exception of a signed Diet Statement on file. Meals where 2% milk is offered without a Diet Statement will be disallowed.

FRUITS AND VEGETABLES (two separate components)

Your options for meeting these components of the meal pattern for a lunch and dinner are:

- ≈ one fruit and one vegetable OR
- ≈ two different vegetables

Your options for meeting these components of the meal pattern for a snack are:

 \approx one fruit and one vegetable



Note: Serving juice as a fruit or vegetable is only allowable at one meal/snack per day

MEAT OR MEAT ALTERNATES

≈ Meat and Meat Alternatives may be served in place of the entire grain component at Breakfast a maximum of three times per week.



- \approx Air-frying is an allowable method of preparing meat/meat alternates, however Deepfrying and submerging foods in hot oil or other fat must NOT be used to prepare meals on site.
- ≈ Tofu if it is commercially prepared it is creditable as a meat alternate. One quarter cup or 2.2 ounces of tofu must contain at least 5 grams of protein.
- ≈ Yogurt- must be commercially prepared and contain no more than 23 grams of total sugars per 6 ounces. Note: soy yogurt credits the same as regular yogurt.

GRAINS

- $\approx~$ Grains must be whole grain-rich, enriched meal, or enriched flour.
- ≈ At least one serving of grains per day must be whole grain rich (WGR). WGR means that the grain components in a product are at least 50 percent whole grain, with the remaining grains being enriched.



- ≈ Grain-based desserts (such as cookies, brownies, cake, cereal bars, granola bars, and doughnuts) are not creditable towards the grain component. Note: even if a grain-based dessert is whole-grain rich or homemade with healthy ingredients, it is still NOT creditable in the CACFP.
- ≈ Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.
 Providers must refer to the ingredient list to determine if it is a whole grain to count towards the once daily requirement.

INFANTS

≈ Breastmilk or formula (or portions of both) must be served. Note: you can receive reimbursement for an infant meal if the infant is breast fed on-site.



≈ Infants develop at different rates and are ready to consume solid food at different times. Once an infant is **developmentally ready** to accept solid food, including infants younger than 6 months, providers are required to begin to offer solid food to the infant.

- ≈ Allowable foods for infants include yogurt (regular and soy), whole eggs, commercially prepared tofu, and ready to eat cereal. Note: ready to eat cereal cannot be served in place of iron fortified infant cereal at breakfast/lunch/dinner and can only be claimed as a snack component.
- \approx Juice is not allowable as an infant food.
- $\approx~$ If an infant's parent/guardian provides more than one component, meals/snack CAN NOT be reimbursed.

STORE-BOUGHT COMBINATION FOOD AND PROCESSED MEAT/MEAT ALTERNATE PRODUCTS

Store Bought Combination Foods combine two or more meal components in a single serve food item (such as corn dogs, fish sticks, chicken nuggets, and commercially prepared pizza).

Processed Meat/Meat Alternates are products such as meatballs, pepperoni, summer sausage, frozen beef patties, and soy cheese. These types of products often contain non-creditable ingredients (including binders/extenders, byproducts, cereals, or fillers) or do not have a standard of identity.

Only beef patties, bologna, hot dogs, and Vienna sausage that are 100% creditable meat ingredients (may contain salt and seasoning) do not require a CN label/PFS. However, if these items are not 100% meat a CN label/PFS is required.

In order to be reimbursed for serving a Store-Bought Combination Food and/or Processed Meat/Meat Alternate Products, you must have either:

 \approx a Child Nutrition Label (CN) on the package



 \approx Or, you must obtain a Product Formulation Statement (PFS) from the manufacturer.

Child Nutrition Program operators carton in addition to the following representative.						
Product Name:	Code No.:	Code No.:				
Aanufacturer: Case/Pack/Count/Portion/Size:						
I. Meat/Meat Alternate						
I. Meat/Meat Alternate Please fill out the chart below to de	termine the creditable amo	unt of Meat	/Meat Alterna	ate (M/MA)		
	termine the creditable amo Ounces per Raw Portion of Creditable Ingredient	unt of Meat Multiply	/Meat Alterna FBG Yield/ Servings Per Unit	Creditable		
Please fill out the chart below to de Description of Creditable Ingredients per	Ounces per Raw Portion of Creditable		FBG Yield/ Servings	nte (M/MA) Creditable Amount *		
Please fill out the chart below to de Description of Creditable Ingredients per	Ounces per Raw Portion of Creditable	Multiply	FBG Yield/ Servings	Creditable		

If you submit claims for reimbursement for any Store-Bought Combination Food or Processed Meat/Meat Alternate Products, your Nutrition Specialist will be checking for documentation at home visits.

Note: if you are unable to obtain the necessary documentation, the Store-Bought Combination Food or processed meat/meat alternate can only be served as an "additional food." A different creditable meat/meat alternate food item in at least the minimum required amount must be served. For example: a provider wants to serve store-bought chicken nuggets but does not have a CN Label or PFS, therefore, the chicken nuggets are not creditable. The provider is unable to claim the chicken nuggets as the meat/meat alternate component. The provider serves a creditable cheese as the meat/meat alternate component. The chicken nuggets are served as an additional food.

Another example is a provider wants to serve commercially prepared pizza, which contains cheese/meat (meat/meat alternate component) and crust (grain component). The provider does not have a CN label or PFS, therefore, the pizza is not creditable. The provider is unable to claim the pizza as the meat/meat alternate and/or grain components. The provider serves a different creditable meat/meat alternate food item and a different creditable grain food item in at least the minimum required amount. The commercially prepared pizza is an additional food.

SPECIAL DIETS

If you receive a request from a parent/guardian to make modifications to the food you serve, you will need to determine if the request is due to <u>a disability or a parent preference</u>.

- \approx If the modification is due to a *disability*:
 - \circ $\,$ The following forms need to be in your files as well as submitted to the 4-C CACFP office:
 - Special Dietary Needs Tracking Form
 - Special Diet Form (or an equivalent form) in order to be considered valid, the following needs to be included on this form:
 - Description of impairment (reason for request)
 - How to accommodate the impairment (e.g., food(s) to be avoided and recommended substitution(s))
 - Signature from state licensed healthcare professional (physician, physician assistant, nurse practitioner (APNP), dentist, podiatrist and optometrist).
 - You must provide a reasonable accommodation/substitution
 - If all appropriate paperwork is on file with the 4-C CACFP office, you can be reimbursed for meals/snacks served to this child that do not meet the meal pattern requirements.

- ≈ If the modification is NOT due to a disability and it is a "*parent preference*" (including serving a creditable non-dairy substitute):
 - $\circ~$ The following forms need to be in your files as well as submitted to the 4-C CACFP office:
 - Special Dietary Needs Tracking Form
 - Parent Preference Statement (or an equivalent form)
 - You are not required, but may choose to, provide the accommodation/substitution. The family can provide one creditable component for a parent preference and the provider can still claim meals.
 <u>However, if the family provides a non-creditable component, or two or more components (even if all items are creditable) meals CANNOT be claimed.</u>

Special Dietary Needs Tracking Form CACPP pregram staff complete this form Family day care hone providers mut complete this form in a doetable documents, as specified, on the		Child and Adult Care Food Program Special Diet Form		
Section I: Disability (below) - Complete when a child has an impairment that restricts eating and/or feeding and a valid medical statement signed by a State licensed healthcare professional [physician, physician assistant, nurse practitioner (APNP), dentist, optionarity [outgoint] to n file.	Provider's name		sider #	
Section II: Now-disability Special Deltary Meed Deak of the pagel - Complete when: • A Indicial statement not valid for a disability is provided. Examples: • Statement from an - Generad health are professional (e.g., registreed nurse, dietitian, or chiropractor) • Statement from a licensis health care professional that specifies a family detany preference, not a disability (e.g., statement indicates the falling when it is min it pro parent)	Old's same			
Section I: Disability Complete this entire page. Check off each box when the action is completed.	activities (includes eating, breathing, digestive and respiratory functions, etc.). Most physical and mental impairments will constitute a disability, it does not need to be life threatening. Ex. Digestion is impaired by lactose intolerance, whether or not consuming milk causes severe distress.			
Provider's Name: Provider Number: Child's Name:		ER and requires a dietary change that does o a disability (see above definition).	not meet the USDA	
□ This child has a physical or mental impairment that substantially limits one or more major life activities ✓ Major life activities include earling, treathing, digestive, and respiratory functions, etc. Impairment does not need to be life threatening exclusion informance is a physical impairment of the digestive function	Specify change needed and/or food(s) to omit as well as reason:			
Attached is a valid written medical statement which includes: Toeopring of impairment (traces of rempeta) Security (the impairment (traces of rempeta) Security (the impairment (traces of the impairment (traces of the impairment (traces)) Security (the impairment (traces)) Security (the impairment (traces))	Specify allowable substitution(s):			
A child transvergests meal substitutions Montical transvergests meal substitutions Montical statement from a row Kenned health are professional (e.g., registreend once, dividing, or chicago accord (e.g., registreend once, dividing), and the substitution (e.g., registreend once, dividing, registreend once,	The Child and Adult Care Food Progr Gally child care. Oxid Gare Provide USDs med pattern requirements. In What is a disability? Prosted or non activities (includes easing branching impairments will constitute a disability by lactions that activation of the Children and Children THIS CHILD IS NOW YARA OF ROM maj pattern requirements due to Specify change needed and/or food/	am (CACFP) addresses the natritional nece rs are required to serve mesk and studies (addimg mesh and associated served to particu- tental impairment that substantially limits or (agtorive and respiratory functions, etc.), (b); it does not need to be life threatening, B commany and inclusive action server datress. DR and requires a distary change that does to a disability (car down efficient).	ds of young children (including milk) that pants with disabiliti ne or more major lif Most physical and m Ex. Digestion is impa not meet the USDA	

II.TAKING ACCURATE MEAL COUNTS

*MEAL COUNT*S are the meals served by type (Breakfast, Lunch, Dinner, or Snack) to each enrolled child by name and/or child number each day.

Each child may be claimed for up to two meals and one snack or two snacks and one meal per day.

The number of children attending and claimed may not exceed your authorized capacity.

Send in a Food Program Enrollment form for each child in your care. Until this form is received in the 4-C office, you will not be reimbursed.

Recording meals

- \approx Menus and meal attendance must be recorded daily, by the end of each day.
- $\approx~$ All children in care must be on your daily records for attendance, menus, and meal counts.
- $\approx~$ Menu components may be recorded prior to meal service, but meal counts may not be filled in ahead of time.
- $\approx~$ Meals and snacks must meet the meal pattern requirements and contain creditable food components.

≈ For Paper Claimers: Record menus on proper forms: infant meals on infant forms, children older than one on regular forms. Use only a #2 pencil and make sure circles are dark and completely filled in.

III.SUBMITTING ACCURATE CLAIMS

The monthly claim is the information a provider submits to their sponsoring organization (4-C) to process for reimbursement. Failure to submit proper forms may result in lower reimbursement or loss of payment.

The following criteria are important for accurate meal and snack claims:

- ≈ All children must have a current enrollment or annual enrollment renewal form on file at the 4-C CACFP office. It is recommended that you submit enrollment forms for new children as soon as they enroll in your care to ensure that their forms arrive in the 4-C office on time for reimbursement.
- ≈ All claims are due in the 4-C CACFP office, by the 5th of the following month. Reimbursements for claims received after the 5th of the month will be considered a "late claim" and could be delayed up to three months. Note: a claim cannot be processed if more than 50 days late.
- ≈ Providers should send all supporting documentation such as child enrollment forms for new children, income information, changed State Child Care License or County Child Care Certification.

If you claim using PAPER FORMS:

- ≈ The monthly Claim Information Form (CIF) must be mailed with your paper claim. This form should indicate who supplies the infant formula and/or food. Please note withdrawal dates for children no longer in care on this form. Be sure to sign your CIF. If for some reason you don't have a CIF, a separate signed note with your name, provider number and pertinent information can be used. DO NOT delay mailing your claim if you have not received your CIF.
- ≈ Please mail claims promptly after your last meal/snack service for the month; put your return address and enough postage on the claim envelope; and DO NOT FOLD paper claims or enrollments.
- $\approx~$ The claim must be sent in its entirety including regular and infant menus and all days requested for reimbursement.
- \approx Remember to sign your claim!

≈ After your claim is processed, you will be sent a Monthly Claim Summary Report. Please take time to review this form and contact the 4-C CACFP office with any questions and/or concerns as soon as possible – this helps prevent the same mistakes happening on future claims.

If you claim **ONLINE**:

≈ The CACFP.net online claiming system is user-friendly. It can be accessed online on a web browser on any computer/device/smart phone. With a couple of clicks you can log-in, enter meal counts, and enter in menus by choosing from a list of foods.



- \approx Please submit your claim promptly after your last meal/snack service for the month.
- ≈ After your claim is processed, you will be able to access your Monthly Claim Summary Report online. When you are logged in – click on "My CACFP info" and then select "summaries of processed claims." Please take time to review this form and contact the 4-C CACFP office with any questions and/or concerns as soon as possible – this helps prevent the same mistakes happening on future claims.
- ≈ Key points to remember Infant foods are entered in a separate section than all other food. It is recommended that you double-check menus and daily attendance before submitting your claim to avoid meal errors and loss of reimbursement.

IV.HOW THE 4-C CACFP WILL REVIEW PROVIDER'S MONTHLY CLAIMS

The 4-C staff reviews each claim at the beginning of each month. The following items are checked during the processing of each claim:

- ≈ Are there any newly enrolled children and has an enrollment been submitted?
- ≈ Is the claim for the current processing month or from a previous month and thus considered a "late claim?"
- ≈ For paper claims is the child information found on the Claim Information Form (CIF) current and match what is found in our computer program?
- \approx Regulation(s) are up to date and on file.
- ≈ Do any children have a diet statement in accordance with CACFP's special dietary needs requirements on file – which would allow you to claim food(s) that aren't usually creditable and/or don't meet the meal pattern?
- ≈ Authorized capacity, days of operation, ages of children served, approved meals/snacks are being followed.
- \approx Tier status of the provider and/or enrolled children.

- \approx Meal requirements of infants and children are met (including one whole grain recorded daily).
- ≈ If you had a home visit by your Nutrition Specialist during the month, the documentation of meals/attendance from that visit will be compared to the information provided by you on your submitted menus.

V.THE 4-C CACFP REIMBURSEMENT SYSTEM

The 4-C staff reviews and completes the claim process for reimbursement of that month's claims. When all claims have been reviewed, the claim is submitted to DPI via their website.

Reimbursement checks are only made payable to the individual child care provider enrolled in the 4-C CACFP. A check cannot be issued to the child care facility's name or another person.

For current direct deposit date information, check the 4-C website at <u>www.4-C.org</u>.



VI.COMPLIANCE WITH 4-C CACFP'S RECORDKEEPING REQUIREMENTS

Make record keeping a priority. Putting a system in place will help to keep the paperwork in order and readily accessible.

- $\approx~$ Three years of CACFP records plus the current fiscal year must be maintained at all times.
- ≈ All CACFP records must be maintained onsite for the most recent 12 months plus the current month.
- $\approx~$ Records for the previous two years (before the most recent 13 months) can be kept onsite or offsite and must be made available if requested.
- \approx If you claim online, you can maintain these records on the computer or on paper.
- \approx If you maintain records on the computer, they must be accessible for 4-C, DPI, or USDA staff to review at any time during your regular child care hours.
- $\approx~$ The specific records you are required to maintain include:
 - Copy of non-expiring Agreement Between Sponsoring Organization and Day Care Home (PI-1425)
 - Copies of current CACFP child enrollment forms for all children in care.



- Copy of any applicable Diet Statements and Special Dietary Needs Tracking Forms for children unable to follow the CACFP meal pattern
- \circ $\;$ Certificate of completion of annual record keeping home assignment
- o Sponsor home review forms
- o Monthly menus, meals counts, and child care attendance
- Documentation for commercial, combination food products (CN Labels/product analysis sheets)
- o Claim summary forms
- Building For the Future flier (posted)
- Parent letter with Civil Rights Statement (posted and/or given out at the time of enrollment



Home Visits

- ≈ A 4-C Nutrition Specialist will visit you at least three times throughout the year during your child care hours of operation. Home reviews are usually unannounced and at least one of the unannounced reviews must be during a meal or snack service so it can be observed. DPI or USDA auditors could also conduct home visits during child care hours
- ≈ It is your responsibility to notify your Nutrition Specialist when you will be away from your child care during your hours of operation. We ask that you notify us by 8:00 am on the day you will be away, so your Nutrition Specialists have time to plan their



day. If you have not notified us and a Nutrition Specialist attempts to conduct an unannounced visit while you are not home, it will result in deductions of that meal or snack.

- \approx Providers should be prepared to provide the following documentation and information to your Nutrition Specialist to make for successful and time efficient home visits.
 - Current Food Program records (menus and meals counts) including records kept on your computer
 - o Daily attendance records
 - o Sponsors Provider Agreement form
 - Your regulation certificate

- Child Nutrition (CN) Labels or Product Formulation Statements (PFS) for any combination food products served and claimed.
- The location of your "Building for the Future" poster displayed in your child care.
- ≈ Please note: if you have incomplete or missing attendance records, menus or meals counts, your Nutrition Specialist will cite this as a review finding that requires corrective action and disallowing of reimbursement for those meals.
- ≈ A Five-Day Reconciliation comparing enrollments, meal counts, and daily attendance is required to be conducted by your Nutrition Specialist at the time of a Home Review.
 Note: Any discrepancies, between meal counts, daily attendance and enrollments, may result in disallowances or findings.
- $\approx~$ If you have a substitute, make sure your substitute knows where your menus and attendance are Nutrition Specialists have the right to conduct the visit with the substitute.

VII. CIVIL RIGHTS REQUIREMENTS

Civil rights are the nonpolitical rights of a citizen; the rights of personal liberty guaranteed to the U.S. Citizens by the 13th and 14th Amendments to the U.S. Constitution and Acts of Congress. The goal of civil rights is equal treatment for all applicants and beneficiaries; knowledge of rights and responsibilities; elimination of illegal barriers that prevent or deter people from receiving benefits; and dignity and respect for all. All children who attend a child care home must be provided equal access to the benefits of the CACFP. Therefore, infants must be offered infant formula and food at the home and parents cannot be asked or required to supply these items. To withhold the program from any eligible age group is age discrimination.

Civil Rights Requirements for Family Child Care Home Providers:

- ≈ Provide the CACFP in a nondiscriminatory manner including providing translated language assistance to enrolled children's families who do not speak or understand English.
- ≈ Provide all required food substitutions to the standard meal patterns, as specified by the children's licensed physician, to children whose special dietary needs are the result of a disability.
- \approx Post the "Building for the Future" flier in a visible location such as your parent board or where your regulation is posted.
- ≈ Discuss with parent/guardian, choices for supplying iron fortified infant formula/food to families of all newly enrolling infants.
- \approx Refer all Civil Rights complaints to the 4-C CACFP.

Non-Discrimination Statement:

Whenever the CACFP or USDA is mentioned or implied on materials, the non-discrimination statement must be included. Information that is directed to parents, potential participants or public groups and that mentions the CACFP, or USDA meals must include the non-discrimination statement. Examples of informational materials that require this statement include:

- Your Policies
- Newsletters that are given to your child care families
- Brochures used to advertise your child care
- Flyers posted to advertise your child care
- Any printed or online advertising

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email: program.intake@usda.gov

This institution is an equal opportunity provider.