

FOOD PROGRAM Memo



FEBRUARY 2021

The February claim payment will be deposited or checks sent by February 26th.

TUESDAY TALKS

The Wisconsin Department of Public Instruction (DPI) invites home providers and Family Day Care Home sponsor (FDCH) staff to participate in DPI's CACFP Tuesday Talks webinar **on Special Dietary Needs February 23, 2021, from 2:00-2:30 PM.**

This webinar will discuss requirements when accommodating disability and non-disability special dietary needs requests, including requirements to claim these meals for CACFP reimbursement.

- **At 2:00 PM today, click [Join Meeting](#)**
- **Link to Presentation Handout is [Here](#)**



During the Webinar:

- The webinar is open to all program types participating in the CACFP (ex, group centers, home providers, adult care centers, sponsor staff, etc.)
- Please refrain from asking the webinar host questions that may be specific to your sponsor. Contact your sponsor with these questions.

The following information in the webinar is different for providers and FDCH sponsor staff:

- DPI Guidance Memorandum 12 (GM)
 - Providers should disregard.
 - Sponsor staff may go to [FDCH sponsor GM L – Special Dietary Needs instead of GM 12 hyperlinked in the webinar](#)
- E-Learning Course – Family Day Care Homes (New)
 - DPI just released. It only contains the *Special Dietary Needs Requests* lesson right now. More lessons will be added soon.
 - They are intended for both providers and sponsor staff.
- Last slide -- Assigned DPI Consultants
 - Providers should contact their sponsor with questions instead of DPI consultants.

After Webinar:

- Registry Certificates
 - They will be emailed to participants **who attended the entire live webinar and completed the survey at the end** with their name and contact information.
 - DPI will email the certificates to each individual who submitted a completed survey at the end of the webinar. Participants who do not submit a completed survey at the end will not receive a certificate.

We look forward to your participation in this webinar.

Thank you,



DPI Community Nutrition Team

[Community Nutrition Programs](#) | Wisconsin Department of Public Instruction

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4-C WEBSITE

- ✓ Did you know that the 4-C website was updated recently? Check out the Food Program section to find:
 - **Past Monthly Memos** <https://www.4-c.org/providers/food-program-for-family-child-care-providers/memos-and-forms-for-the-food-program/>
 - **Current Record Keeping Assignment** <https://www.4-c.org/providers/food-program-for-family-child-care-providers/participation-in-the-food-program/>
 - **Meal Pattern Resources** <https://www.4-c.org/providers/food-program-for-family-child-care-providers/meal-patterns/>
 - **Meal & Snack Planning resources** <https://www.4-c.org/providers/food-program-for-family-child-care-providers/meal-and-snack-planning/>
 - **Current Reimbursement Rates** <https://www.4-c.org/wp-content/uploads/2020/12/Tiering-Rates-2020-21.pdf>
 - **Current Claim Submission Schedule** <https://www.4-c.org/wp-content/uploads/2021/01/Claim-Submission-2021-English.pdf>

UPDATES FROM DPI

- ✓ Dietary Guidelines for Americans, 2020-2025: The Dietary Guidelines for Americans (Dietary Guidelines) is the cornerstone for federal nutrition programs and a go-to resource for health professionals nationwide. The Dietary Guidelines provides food-based recommendations to promote health, help prevent diet-related chronic diseases, and meet nutrient needs. <https://www.dietaryguidelines.gov/>
- ✓ Physical Activity and Healthy Eating Initiative Survey: The 2019 Maternal Child Health Program Needs Assessment results found that physical activity and nutrition are high priorities for Wisconsin children. Therefore, the Wisconsin Department of Health Services (DHS) and healthTIDE (a partner of UW-Madison) would like to survey organizations involved with children aged 6 through 11 to gauge interest in working with DHS and healthTIDE, identify local leaders to help guide the development of this work, and gather thoughts on what types of activities would best serve local communities. The goal is to enhance efforts already in place and to continue to build relationships. The survey should take five to 10 minutes to complete. The hope is to collect as many responses from Wisconsin organizations (i.e. local and tribal agencies, out-of-school time programs and childcare centers/homes) to guide future grant activities and decisions to improve physical activity and healthy eating among children ages 6 through 11 in Wisconsin. <https://www.surveygizmo.com/s3/5605601/ost-DPICACFP>

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RECIPES

Sheet Tray Pancakes

1 ½ cups whole wheat flour
1 teaspoon baking powder
¾ cup almond milk
1 ¼ cups unsweetened applesauce
2 eggs
1 teaspoon vanilla extract
blueberry, to taste
strawberry, to taste
banana, to taste



Preheat oven to 425°F. In a bowl, mix whole wheat flour and baking powder. Add in milk, applesauce, egg, and vanilla extract. Mix until well combined. Pour pancake mix on a greased baking sheet and evenly spread out. Add desired toppings onto the whole pan or place in different corners for a variety. Bake for 15 minutes. Cut into squares. Serve now or freeze for up to a month.

Breakfast Egg Cups

12 eggs, beaten
salt, to taste
pepper, to taste
¼ cup fresh spinach, chopped
½ cup tomato, diced
¼ cup shredded mozzarella cheese, or to taste
⅓ cup broccoli, chopped
¼ cup shredded cheddar cheese, or to taste
½ cup turkey bacon, chopped
½ red bell pepper, diced
¼ deli chicken meat, diced



Preheat oven to 350°F. Beat eggs and season with salt and pepper, to taste. Add eggs halfway into each tin of a greased muffin tin. Add desired toppings. Bake for 20 minutes. Eat now or keep in airtight container in the fridge. Heat when ready to eat.

FOOD PROGRAM STAFF

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