



On-Demand Trainings

Don't see a training you are looking for? Let us know and if possible, we will customize to meet your need.

COURSE LIST

- Active Early - WI Early Care & Education Physical Activity (3 hours)
- ASQ-3 Overview (3 hours)
- Developmentally Appropriate Practices (3 hours)
- Discovering Science (3 hours)
- Early Literacy (3 hours)
- Enchanting Family Child Care Environments (3 hours)
- Environment Rating Scales (3 hours)
- Emotional Intelligence (2-3 hours)
- Family Engagement: Partnering with Families for Children's Success (3 hours)
- Family-Style Meals (2 hours)
- Germ, Worms, Mud & Crud: The Proper Handwashing Process (1 hour)
- Healthy Bites: Nutrition for Children (3 hours)
- Healthy Bites: Nutrition for Infants (3 hours)
- Healthy Bites: Planning Healthy Menus (1 hour)
- Healthy Bites: Supporting Healthy Eating (2 hours)
- Healthy Bites: Writing Nutrition Policy (1 hour)
- Infant Toddler Activities (2 hours)
- It All Adds Up: Math in Early Childhood (3 hours)
- Loose Parts (2-3 Hours)
- Portfolios (3 hours)
- Process Art (3 hours)
- Project Approach Overview (2 hours)
- School-Age Portfolios (2 hours)
- School-Age Curricular Framework (15 hours)
- Shaken Baby Syndrome (SBS) Prevention (1.5 hours)
- Shaken Baby Syndrome Train the Trainer (4 hours)
- Sudden Infant Death Syndrome (SIDS) Prevention (1.5 hours)
- Strengthening Families (3 hours)
- Transitions: Planning for Success (3 hours)
- Valuing Diversity with Children (3 hours)
- Very Early Literacy (3 hours)
- Wisconsin Model Early Learning Standards (15 hours)
- Wisconsin Early Learning Standards: Next Steps (3 hours)
- Wisconsin Pyramid Model (24 hours)
- Make, Take and Teach:
 - Flannel Board Fun: Make, Take and Teach (2 hours)
 - Homemade Books (1.5 hours)
 - Pyramid Model Teaching Supports (1.5-2 hours)
 - Song Cards Make, Take and Teach (1 hour)

ACTIVE EARLY - WI EARLY CARE & EDUCATION PHYSICAL ACTIVITY (3 HOURS)

Participants will be involved in identifying how to implement physical activity into their daily schedule, utilizing resources available to them within most early childhood learning environments. Participants will engage in a variety of physical activities. Come ready to have some fun!

ASQ-3 OVERVIEW (3 HOURS)

This training will increase awareness about developmental screening and the statewide effort to encourage developmental screening for all young children. We will explore the evidence-based ASQ-3 and discuss the role of early childhood professionals as partners in the promotion and use of the ASQ-3 with families.

DEVELOPMENTALLY APPROPRIATE PRACTICES (3 HOURS)

Best practice in early care and education is based on how children develop and learn in the early years. Play isn't just fun. It is skill acquisition--physical and thinking skills. This training addresses the importance of play that is purposeful, classroom space, materials to support play and examples of positive interactions with children during play.

DISCOVERING SCIENCE (3 HOURS)

This course will provide training to early care and education providers on how to incorporate science concepts into their programs. The course will walk providers through strategies on how adults can support children's experiences with science. Science will be explored through hands-on activities. Additionally, participants will learn how to incorporate science materials in their learning environment specific to the Environment Rating Scale.

EARLY LITERACY (3 HOURS)

Supporting early literacy development is about building strong relationships through shared book reading and meaningful



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conversations. We will examine the key components of a comprehensive integrated literacy program including a print-rich environment, engaging book reading, and developmentally appropriate teaching practices in preschool settings.

ENCHANTING FAMILY CHILD CARE ENVIRONMENTS (3 HOURS)

This course will provide training to early care and education providers on how to plan, design and support an environment that encourages young children's development. The course will deliver theory and key messages related to the learning environment to providers. Participants will have the opportunity to explore important components of a quality learning environment to ensure optimal developmental outcomes for the children in their care.

ENVIRONMENT RATING SCALES (3 HOURS)

YoungStar utilizes the Environment Rating Scales for both program self-assessments and in the formal rating process for 4 and 5 star programs. Participants will learn how to integrate the Environment Rating Scales (ECERS, ITERS, FCCERS, or SACERS) into everyday practices, including guiding professional development, supporting reflective practice and informing program structures. Participants will leave with tools and techniques for making the rating scales functional tools for program-wide quality improvements.

EMOTIONAL INTELLIGENCE (2-3 HOURS)

The emotional climate of the classroom and the skills needed to be part of a team directly affect the care of children. Children need a strong and healthy emotional climate, along with teachers who have their own social and emotional competencies. Building relationships with children is directly affected by the adult's ability to know about their own needs and skills first. People with a high degree of emotional intelligence know what they're feeling, what their emotions mean and how these emotions can affect other people. During this training we will explore the five characteristics of emotional intelligence and do activities in each of the areas to help participants explore their own emotional intelligence and how that directly relates to the children and families they work with. Participants will reflect on their current practices and how to utilize strategies to help them strengthen their emotional intelligence which in turn will provide a more socially competent environment for children.

FAMILY ENGAGEMENT: PARTNERING WITH FAMILIES FOR CHILDREN'S SUCCESS (3 HOURS)

This three hour course will explore best practices in family engagement, explore challenges and barriers to connecting with families and look at concrete strategies to improve your ability to develop relationships with families and increase their engagement within your program.

FAMILY-STYLE MEALS (2 HOURS)

What do meal times look like in your program? Have you wondered how you might be able to spend more time engaging

with children during these important times of the day? This workshop will introduce participants to the benefits of family-style meals and what might be needed to provide family-style meals.

GERMS, WORMS, MUD & CRUD: THE PROPER HANDWASHING PROCESS (1 HOUR)

This training will build a better understanding of:

- Why proper handwashing is important,
- When and how to wash hands,
- How to motivate children to wash their hands correctly and
- How hand washing routines can be a learning opportunity and help build relationships.

HEALTHY BITES: NUTRITION FOR CHILDREN (3 HOURS)

Participants will learn how to improve the quality of the meals and snacks served in their programs, further their understanding of foods recommended for proper growth and development, and identify ways to work with parents to incorporate a variety of fruits, vegetables and whole grains into children's diets. Nutrition for children between the ages of 1-12 will be covered.

HEALTHY BITES: NUTRITION FOR INFANTS (1 HOUR)

A look at the best choices for infant food and beverages will inform participants on their current and future practices, while also identifying ways to inform parents on best choices at home too. Participants will identify activities to support and promote breastfeeding. Allergies and choking prevention will also be covered.

HEALTHY BITES: PLANNING HEALTHY MENUS (1 HOUR)

How do you encourage children to try new foods and eat a variety of vegetables and fruits? We will talk about this and identify ways to encourage new foods and variety within a diet. We will identify menu planning strategies to improve the quality of meals served, discuss the benefits of menu cycling and discuss how to share menus with parents.

HEALTHY BITES: SUPPORTING HEALTHY EATING (2 HOURS)

Let's consider how to create pleasant mealtime experiences for children and ourselves! Discussion on family-style meals, promoting healthy eating at home and the promotion of healthy mealtimes and eating habits will take place.

HEALTHY BITES: WRITING NUTRITION POLICY (1 HOUR)

Participants will develop and implement nutrition policies that are key for improving and sustaining nutritious quality meals along with the nutrition environment in early care and education programs. Key steps in writing a nutrition policy will be explored as well as ways to engage staff and parents with program policies.

INFANT TODDLER ACTIVITIES (2 HOURS)

This course consists of two hours focused on infants and toddlers. We will discuss development using a YoungStar-approved developmental checklist, goal setting and how we combine all

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the knowledge we have to intentionally plan activities for the youngest children in your care. The best part of this training is a slide show demonstrating all of the awesome activity ideas you can take back to your environments.

IT ALL ADDS UP: MATH IN EARLY CHILDHOOD (3 HOURS)

Children learn through play when we offer intentional environments. We will learn how to make math a part of every day in a natural way throughout our early childhood spaces. Participants will explore math materials, learn new games to play and learn how to get parents involved through home-school connections with math activities.

LOOSE PARTS (2-3 HOURS)

Participants will explore the theory of loose parts which requires them to think about the possibilities of how children learn and consider the materials and environment as teaching tools. After considering basic safety precautions participants will explore loose parts in a way that encourages open-ended/creative play.

PORTFOLIOS (3 HOURS)

Participants will learn the who, what, how and why of creating a portfolio. An in depth exploration of the teaching cycle will be explored including strategies to meaningfully implement observation, planning and activity implementation.

PROCESS ART (3 HOURS)

This course will provide training to early care and education providers on how to incorporate art concepts into their programs. The course will walk providers through strategies on how adults can support children's experiences with art. Art will be explored through hands-on activities. Additionally, participants will learn how to incorporate art materials and concepts in their learning environments.

PROJECT APPROACH OVERVIEW (2 HOURS)

This course is intended to introduce staff to The Project Approach practice. We explore some of the foundations and terminology, dissect project examples, discuss how to pick a project and generate a list of potential projects for their classrooms.

SCHOOL-AGE PORTFOLIOS (2 HOURS)

Learn how to develop portfolios that demonstrate children's developmental progress over time and include tools such as developmental checklists, anecdotal records, work samples, photographs, and journal excerpts. We will also discuss ways to include children in the development of their own portfolios.

SCHOOL-AGE CURRICULAR FRAMEWORK (15 HOURS)

The School-Age Curricular Framework training is designed to give school-age program staff the resources they need to build fun, innovative, and academically enriching activities that not only engage students, but also extend their knowledge in new ways. Experiences and activities that are intentionally designed

to support a program's goals for school-age children ensure that time is productive and enriching.

SHAKEN BABY SYNDROME (SBS) PREVENTION (1.5 HOURS)

This workshop meets the Department of Children and Families requirements for certification and licensing. In this interactive training, we will define SBS, look at risk factors for victims and perpetrators and explore ways to reduce stress of caregivers as well as methods of calming a crying baby. This training is mandatory for all child care providers who care for children under the age of five years.

SHAKEN BABY SYNDROME TRAIN THE TRAINER (4 HOURS)

This training session is designed for child care center directors and family child care support group leaders. This curriculum, from the Children's Trust Fund, meets the Department of Children & Families guidelines for certification and licensing. In order for you to be able to train others, you will need the following:

- Ability to show the PowerPoint Presentation (including equipment),
- Ability to show a brief DVD (provided in this training) and
- Access to the Children's Trust Fund website to download training materials.

SUDDEN INFANT DEATH SYNDROME (SIDS) PREVENTION (1.5 HOURS)

The SIDS workshop meets the Department of Children and Families requirements for certification and licensing. By the end of the presentation the participant will be able to help reduce the risk of SIDS through consistent implementation of risk reduction strategies and increase awareness of SIDS in the community. This training is mandatory for all child care providers who care for children under the age of one year.

STRENGTHENING FAMILIES (3 HOURS)

Participants will learn valuable information about the five protective factors which have been demonstrated to strengthen family function. Participants will leave the training with the knowledge to take next steps in building protective factors within their early care and education settings. Resources will be made available to implement next steps. Participants will also be able to identify Strengthening Families resources. Mandated reporter training is included.

TRANSITIONS: PLANNING FOR SUCCESS (3 HOURS)

Children in early childhood settings transition from one activity to another frequently. For some children, transitions result in frustration and challenging behavior. This course will address the number of transitions children experience each day, the importance of planning transitions, and strategies to ensure smooth transitions, in an effort to reduce challenging behaviors.

VALUING DIVERSITY WITH CHILDREN (3 HOURS)

This training will help providers understand the influences that

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affect the development of a child's racial identity and help them be comfortable talking about race and culture with children and families. This training also focuses on understanding the importance of using diverse materials to intentionally teach children about diversity.

VERY EARLY LITERACY (3 HOURS)

Very Early Literacy helps us build stronger relationships through the enjoyment of books and developing language through meaningful conversations. We will explore ways to support the language and literacy development of infants and toddlers in everyday experiences and routines.

WISCONSIN MODEL EARLY LEARNING STANDARDS (15 HOURS)

The Wisconsin Model Early Learning Standards specifies developmental expectations for children from birth through the entrance to first grade. The standards reflect all developmental domains of a child's learning. Participants will be introduced to the teaching cycle, developmentally appropriate practices and implementation of the standards within the learning environment.

WISCONSIN EARLY LEARNING STANDARDS: NEXT STEPS (3 HOURS)

This course is designed for child care professionals who plan, facilitate or administer activities or programs for young children, focusing on the implementation of strategies in the Wisconsin Model Early Learning Standards training. We will consider how to use the developmental domains to plan your learning environment, incorporate the standards into lesson planning and balance individual and group developmental needs

Prerequisite: All participants must attend the full 15-18 hour Wisconsin Model Early Learning Standards training before attending this training. Participants are asked to bring their Wisconsin Model Early Learning Standards book with them.

WISCONSIN PYRAMID MODEL (24 HOURS)

The Pyramid Model training addresses the theory and evidence-based practices to enhance the social and emotional competence of children ages birth through six years of age. The training provides many examples and concrete strategies to teach social and emotional skills daily to young children and their families, while addressing the challenging behaviors that might be present.

MAKE, TAKE AND TEACH!

FLANNEL BOARD FUN: MAKE, TAKE & TEACH! (2 HOURS)

Make, take and teach! This customizable training will allow participants to create flannel board activities while understanding the learning objective of the activity.

HOMEMADE BOOKS (1.5 HOURS)

This course will cover basic literacy practices in classrooms (toddler-4K) focusing specifically on how to make meaningful books with children including books for individual children, groups of children, connecting home and school, concept books, social emotional books, classroom rule books, etc. Teachers will leave with a plethora of resources on how to incorporate book making into their classrooms.

PYRAMID MODEL TEACHING SUPPORTS (1.5-2 HOURS)

Participants will have the opportunity to create the teaching tools needed to support children in developing social emotional skills in the classroom.

SONG CARDS: MAKE, TAKE & TEACH! (1 HOUR)

Participants will have the opportunity to create ten song cards to take back to their learning environments. Materials will be provided showing the connection between literacy development and singing will also be made available.

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