



**Child and Adult Care Food Program
Special Diet Form**
revised May 2019

Provider's name _____ Provider # _____

Child's name _____ Child's date of birth _____

The Child and Adult Care Food Program (CACFP) addresses the nutritional needs of young children in family child care. Child Care Providers are required to serve meals and snacks (including milk) that meet USDA meal pattern requirements, including meals and snacks served to participants with **disabilities**.

What is a disability? Physical or mental impairment that substantially limits one or more major life activities (includes eating, breathing, digestive and respiratory functions, etc.). Most physical and mental impairments will constitute a disability, it does not need to be life threatening. Ex. Digestion is impaired by lactose intolerance, whether or not consuming milk causes severe distress.

THIS CHILD IS ONE YEAR OR OLDER and requires a dietary change that does not meet the USDA meal pattern requirements due to a disability (see above definition).

Specify change needed and/or food(s) to omit as well as reason: _____

Specify allowable substitution(s): _____

THIS CHILD IS AN INFANT (LESS THAN ONE YEAR) and requires a dietary change that does not meet the USDA meal pattern requirements due to a disability (see above definition).

Infant may have iron-fortified infant formula omitted.

Reason for omission: _____

Substitute(s) _____

Infant: Other change

Reason for omission: _____

Substitute(s) _____

Print physician, physician assistant, or nurse practitioner (DPNP) Name	
Signature and Date	
Clinic Name and phone #	