

FOOD PROGRAM Memo



SEPTEMBER 2017

The August claim payment will be deposited or checks sent by Friday, October 6, 2017.



If you currently claim online and have not switched to the new program KidKare (www.kidkare.com), you will automatically be switched on October 1st. Minute Menu Kids/Pro will no longer be accessible after September 30th. Switch now – avoid any delays in submitting your claim. Thanks!

CACFP NEW YEAR

October 1st marks the beginning of the new year for the Food Program. During your upcoming first visit for the new year, your Nutrition Specialist will be giving you a new CACFP folder. In your folder you will find some important information including: a review of 4-C CACFP Policies and Procedures, the CACFP Annual Checklist, 4-C CACFP Appeal Procedures, the 2017-2018 Record Keeping Assignment, WIC flyer, and the Building for the Future Flyer. Please take time to read though all the materials. Post the WIC info as well as the Building for the Future info on your parent board.

NEW MEAL PATTERN

After much anticipation, preparation, and education – the big day is almost here! October 1st marks the begin date to start using the new meal patterns. Most of the feedback from 4-C CACFP staff and providers has been that everyone is right on track and ready to go! In this next fiscal year (the first year of implementation of the new meal patterns), you can expect your Nutrition Specialist to devote time at each visit to check in with you about the new meal pattern.

Everyone should have received color printed copies of the new infant and child meal patterns at their most recent visit. In addition, we have compiled links to the meals patterns as well as many of the other resources we've shared on the 4-C website (<https://www.4-c.org/food-program/meal-pattern-requirements.html>).

If you are currently a paper claimer and have access to the internet – we highly encourage you to consider switching over to claiming online at this time. The online program, KidKare, is easy to use from any device that has internet (phone, laptop, tablet, computer) and was designed with the new meal patterns and requirements in mind. Your Nutrition Specialist is happy to help you with online program at a visit and the 4-C CACFP Office Staff is happy to help over the phone or email ☺

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RECIPE

Bunny Sticks



Ingredients:

Sweet potatoes 1-3/4 lbs
Olive Oil 2 Tbsp
Cinnamon, ground 2 Tbsp
Salt and pepper to taste, optional

Directions:

- 1) Poke holes in the top of potatoes with a fork. Cook in microwave for about 1 minute.
- 2) Preheat oven to 375°F.
- 3) Wash sweet potatoes and peel if desired. Cut into sticks.
- 4) Combine olive oil and cinnamon in sealable plastic bag.
- 5) Add sweet potatoes to bag and shake until coated.
- 6) Spray baking sheet with non-stick vegetable spray.
- 7) Spread potatoes onto baking sheet and season with salt and pepper to taste, optional.
- 8) Bake at 375°F for 45 minutes.

Adapted from the CACFP Menu Planning Guide.

Food For Thought: Sweet potatoes have lots of nutrients for growing kids such as Vitamin A and Vitamin C. Baking them in strips makes them look like French fries, but without the fat. These can be eaten as a snack or as a side.

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