

## Book and Video Ideas for Continuing Education

Certified providers need 10 hours of continuing education a year in child development and/or health and safety. The following is a list of books or videos that don't result in a certificate of completion. These materials may be used for 5 of the 10 hours of continuing education annually if you also fill out the form entitled, "Independent Reading and Video Viewing Form" for each one.

Where can I find these materials? Where can I find other materials?		
4-C Resource Room	4-C 5 Odana Court Madison, WI 53719	Visit us at 4-C to check out the books that are marked with an asterisk*.
Child Care Information Center	<a href="https://dcf.wisconsin.gov/ccic">https://dcf.wisconsin.gov/ccic</a>	The CCIC will send you available books, CD's and DVDs that focus on early childhood topics. You just pay the price for shipping the item back.
The Library	<a href="https://www.linkcat.info">https://www.linkcat.info</a>	If an item is available at another library, it will be delivered it to the library of your choice!

### BOOKS

Title	Author/s	Synopsis
*Designs for Living and Learning: Transforming Early Childhood Environments 1 <sup>st</sup> and 2 <sup>nd</sup> editions	Deb Curtis, Margie Carter	Give children wondrous places to learn and grow! Drawing inspiration from a variety of approaches, you will learn hundreds of ways to create healthy and inviting physical, social, and emotional environments for children in child care.
*Family Child Care Curriculum: Teaching through Quality Care	Sharon Woodward	Enrich your program and support children's early learning with best practices and activities designed specifically for family child care professionals.
*Family Child Care Environment Rating Scale	Thelma Harms, Debby Cryer, Richard M. Clifford	Designed for use in family child care programs, this book is suitable for programs serving children from infancy through school-age.
*Family Child Care Homes	Linda J. Armstrong	Discover the many ways your home can provide comfortable places where children love to learn and love to be. Filled with no- and low-cost ideas, this book demonstrates many unique and practical possibilities for your home's indoor and outdoor spaces.
*Reaching and Teaching Children Exposed to Trauma	Barbara Sorrels	In this book, caregivers will find the tools and strategies to connect with children who have experienced trauma and start them on the path to healing.

*Loose Parts – Inspiring Play in Young Children Loose Parts 2 – Inspiring Play with Infants & Toddlers Loose Parts 3 – Inspiring Culturally Sustainable Environments	Lisa Daly and Miriam Beloglovsky	Loose parts are natural or synthetic found, bought, or upcycled materials that children can move, manipulate, control, and change within their play. Alluring and captivating, they capture children's curiosity, give free reign to their imagination, and motivate learning.
*The Creative Curriculum Volumes 1-6	Diane Trister Dodge, Laura J. Colker	The Creative Curriculum balances both teacher-directed and child-initiated learning, with an emphasis on responding to children's learning styles and building on their strengths and interests.
Balanced and Barefoot: How Unrestricted Outdoor Play Makes for Strong, Confident, and Capable Children	Angela J. Hanscom	With this book, you'll discover little things you can do anytime, anywhere to help kids achieve the movement they need to be happy and healthy in mind, body, and spirit.
Building Emotional Intelligence: Practices to Cultivate Inner Resilience in Children	Linda Lantieri, Daniel Goleman	This book offers practical techniques proven to help children increase self-esteem, improve concentration and awareness, and enhance empathy and communication.
Do-It-Yourself Early Learning: Easy and Fun Activities and Toys from Everyday Home Center Materials	Jeff A. Johnson, Tasha A. Johnson	<i>Do-It-Yourself Early Learning</i> shows home child care providers how to find and use many of the inexpensive building, home-repair, and construction materials available at local hardware stores and home centers to create fun activities and toys that promote play, exploration, and discovery.
Easy to Love, Difficult to Discipline: The 7 Basic Skills for Turning Conflict into Cooperation	Becky A. Bailey	You love children, but you don't always love their behavior. How can you guide children without resorting to less-than-optimal behavior yourself?
From Neurons to Neighborhoods: The Science of Early Childhood Development	Committee on Integrating the Science of Early Childhood Development	Authoritative yet accessible, <i>From Neurons to Neighborhoods</i> presents the evidence about "brain wiring" and how kids learn to speak, think, and regulate their behavior. It examines the effect of the climate-family, child care, community-within which the child grows.
Love and Logic Magic for Early Childhood	Jim Fay and Charles Fay	Caring for little ones can be exhausting...until you discover <i>Love and Logic</i> . Take the exhaustion out and put the fun into taking care of little ones.
The Importance of Being Little: What Young Children Really Need from Grown-Ups	Erika Christakis	Young children are inherently powerful and they will flourish when we learn new ways of restoring the vital early learning environment to one that is best suited to the littlest learners.

Why Gender Matters	Leonard Sax	A book about the differences between how boys and girls develop and interact with the world.
Last Child in the Woods: Saving Our Children From Nature-Deficit Disorder	Richard Louv	Nature-deficit disorder is not a medical condition; it is a description of the human costs of alienation from nature. This alienation damages children and shapes adults, families, and communities. There are solutions, though, and they're right in our own backyards.
Lisa Murphy on Play: The Foundation of Children's Learning	Lisa Murphy	Timely research and stories highlight how play is vital to the social, physical, cognitive, and spiritual development of children. Learn the seven meaningful experiences we should provide children with every day.
Rest, Play, Grow: Making Sense of Preschoolers (Or Anyone Who Acts Like One)	Deborah MacNamara PhD Gordon Neufeld PhD	<i>Rest, Play, Grow</i> offers a road map to making sense of young children, and is what every toddler and preschooler wishes we understood about them.
The Whole Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind	Daniel J. Siegel and Tina Payne Bryson	Daniel J. Siegel, neuropsychiatrist and author of the bestselling book <i>Mindsight</i> demystifies the meltdowns and aggravation, explaining the new science of how a child's brain is wired and how it matures.

## VIDEOS

Title	Website	
Family Child Care Environments Presented by: Rocio Galarza of Sesame Workshop	<a href="https://www.youtube.com/watch?v=2qvDvH5nEvY&amp;t=2234s">https://www.youtube.com/watch?v=2qvDvH5nEvY&amp;t=2234s</a>	Environment is so much more than physical space. Positive adult-child interactions matter too. In this webinar, you'll explore how child care providers can take a whole-child approach when designing their curriculum or organizing their space.
The Raising of America	<a href="https://www.raisingofamerica.org/">https://www.raisingofamerica.org/</a> Watch for free online.	This 5-part series is changing the way Americans look at early child health and development.

If you come across other books or ideas, we would appreciate you sharing them with us. We will add them to this list and share them with other family child care providers. Thanks!