

Ideas and Suggestions for Materials/Equipment for Gross Motor Play

1. Stationary equipment:
 - a. climbing equipment
 - b. slides
 - c. low, balancing equipment

2. Portable equipment:
 - a. balls (variety of sizes and textures)
 - b. wheel toys (wagons, push/ pull toys, wheelbarrows, scooters)
 - c. riding toys (variety of sizes with and without pedals, for use by one or two children)
 - d. tumbling mats
 - e. bean bags with containers to throw into
 - f. parachutes
 - g. tunnels
 - h. large blocks
 - i. loose parts

3. Sand/water:
 - a. sand boxes
 - b. various types of sand/water tables such as dishpans, plastic bins, tubs, buckets
 - c. measuring cups/spoons
 - d. variety of containers/pails, plastic bottles
 - e. shovels, scoops, molds
 - f. pumps, siphons, sand/waterwheels
 - g. rakes, sand scrapers, sifters
 - h. nature items such as shells, pieces of wood, rocks

4. Dramatic play toys:
 - a. animals, dinosaurs
 - b. small people
 - c. small and large trucks and cars, diggers, boats
 - d. kitchen utensils – spoons with and without strainer holes, egg beaters, tongs, pots, pans, muffin tins, whisks