

# FOOD PROGRAM Memo



**FEBRUARY 2017**

***The January claim payment will be deposited or checks sent by Friday, March 3rd.***

From the National CACFP Sponsors Association: "We know that the habits child care providers instill in children at an early age will become life-long healthy choices. We also know that it's easy to get stuck in a snack rut. So we're asking everyone, "How do you CACFP snack?" Post your healthy CACFP creditable snack to Facebook, Twitter or Instagram and tag @NationalCACFP. Then hashtag your photo #ncasupersnack! Whoever has the most likes, shares, and favorites on March 15, 2017 will win \$100 and be featured in our eNews and conference. We'll also make a free downloadable #ncasupersnack inspiration booklet with everyone's favorite snacks and then our children win too!"

## NEW MEAL PATTERNS

The DPI has posted another handout in their New Meal Pattern series – this one is about meat/meat alternate component. You can find the article by going to <https://dpi.wi.gov/community-nutrition/cacfp/family-day-care-home> and clicking on the tab on the left side called "New CACFP Meal Pattern" and then scrolling down on the right to find the section called "New CACFP Meal Pattern Component Handouts." The three biggest changes coming are that tofu will become creditable as a meat alternate, yogurts can't contain more than 23 grams of sugar per 6 ounces, and a meat/meat alternate can be served in place of the grains component at breakfast up to 3 times per week.

## A FEW REMINDERS...

If you are eligible to claim your own children, that other daycare children must be present and eating in order for you to be reimbursed for your own children.

Paper claimers --- when filling out menus please be sure you are filling in the circles completely and dark enough. You may be missing out on money. It is best to use a #2 pencil.

Paper claimers --- please be sure that your menus are not stained or watermarked. These do not go through our scanner and staff has to recopy the menus.

Feeding infants --- please remember that when infants turn 8 months of age other components are required for meals. The effective date is the month/day (ex: 03/05) that infant is 8 months of age. You would start serving those components then and not start the next month.

## RECIPES

Curious about how to start use tofu as a meat alternate? In addition to the meat/meat alternate component handout on the DPI website, there is also a link to tofu recipes such as: tofu scramble, avocado tofu toasts, barbeque pizza with tofu, and tofu tostadas.

## FOOD PROGRAM STAFF

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